Rynn Williams

Chicken

was crucial to the Scarsdale Diet – and despite Miss Trevor, staunch vegetarian, appalled – I sucked down whole birds. Intricate ribs, dense gray thighbones, the way dark tendons fell away – who cares if the diet was useless? I was 14, I'd just lost my innocence – giddy from grease, protein and hormones, the heat of the city playground in August and the thrill of Miss Trevor's frank disdain,

I was tossing gristle on a pile, licking my fingertips, nothing but chicken and boys to devour: Robert and Frankie, Skip and McVey – seeing the world through a haze of roast meat – all those boys, all that warm flesh, sinew and fat, juice on my lips, those piles of shiny bones.